

TRACK AND FIELD



2019 Pre-State High School Meet Hodges Stadium - Jacksonville, FL March 23, 2019

Entries: High School team entries via Direct Athletics
Entries open March 10 and are due **Monday March 18, 2019 @ 11:59PM** * Late entries not accepted!
The meet is open to all NFHS-sanctioned schools in good standing.
The UNF Pre-State HS Meet is not responsible for competition restrictions in place from specific states or schools!!!
Unattached athletes will not be accepted!!!

Entry Fee H.S. - \$150.00 per gender or \$25.00/athlete, whichever is smaller
All questions should be emailed to Jeff Pigg Jeff.Pigg@UNF.Edu
Entry fees for **High School** teams will be paid at packet pick-up only

SPIKES ONLY ¼" pyramids will be allowed on track. Javelin & high jump may use 9mm pyramids.

Event Check-In

Running events

Participants must check-in with the **meet clerk** no later than 30 minutes prior to the start of the scheduled event. (Event could be re-seeded)

Field events

Participants must report to the **event site** no later than 45 minutes prior to the start of the scheduled event. Athletes failing to report 45 minutes before will be scratched from the event. Pole Vault athletes will be allowed on the runway 90 minutes prior to the start of their event. (Flights could be combined)

No tents, umbrellas, allowed in the infield for any field event

One Pole Vault Coach will be allowed in the infield during the competition with proper credential.

Implement Weigh-In

High school athletes will not have to weigh in implements.

Warm-Up Area:

All warm-ups must be conducted on the practice track and grass practice field next to the track.

Packet Pick-up

Will be located at team entrance into the warm-up track and team tent area.

High School teams Friday March 22, 3:00pm – 4:00pm & Saturday March 23, 7:00am – 12:00pm



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Hodges Stadium - Jacksonville, Fl
March 23, 2019**

TENTATIVE SCHEDULE

Games committee will set starting Heights & Progression for Pole Vault & High Jump

Field Events

- 9:00AM Discus (B)
Shot Put (G)
Long Jump G
Long Jump B
Javelin (G)
10:00AM Pole Vault (G & B) Two pits
12:00PM Discus (G)
Shot Put (B)
Javelin (B)
Triple Jump (G)
Triple Jump (B)
2:30PM High Jump (B & G) Two pits
Adapted Shot Put (G followed by B)

Running Events

- 10:00AM Rolling Schedule
3200m (G)
3200m (B)
4 x 800 (G)
4 x 800 (B)
Adapted 200m
100m Hurdles (G)
110m Hurdles (B)
100m (G)
100m (B)
1600m (G)
1600m (B)
4 x 100m (G)
4 x 100m (B)
400m (G)
400m (B)
Adapted 800m
300m Hurdles (G)
300m Hurdles (B)
800m (G)
800m (B)
200m (G)
200m (B)
2000m Steeple Chase (G)
2000m Steeple Chase (B)
4 x 400m (G)
4 x 400m (B)